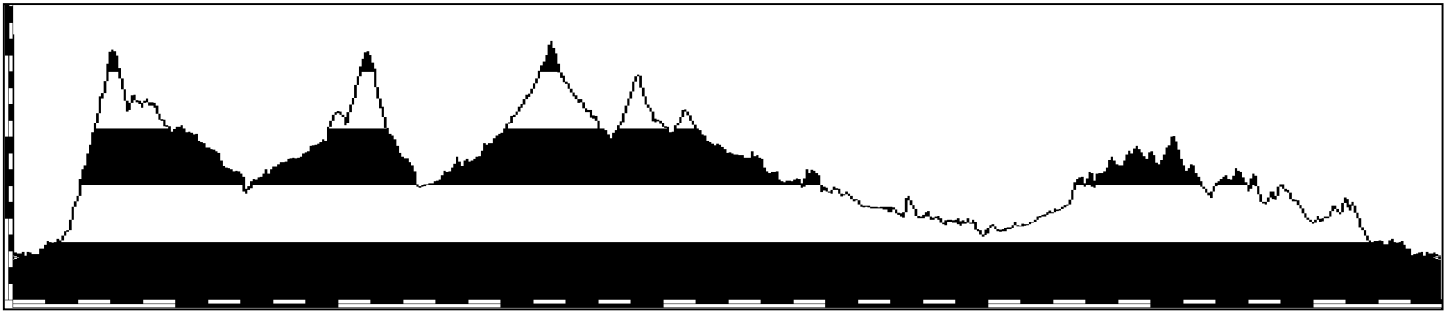


Lost River Classic - climbs 8546 ft over 87.4 mi at 98ft/mi Elevations from 952 to 2285 feet

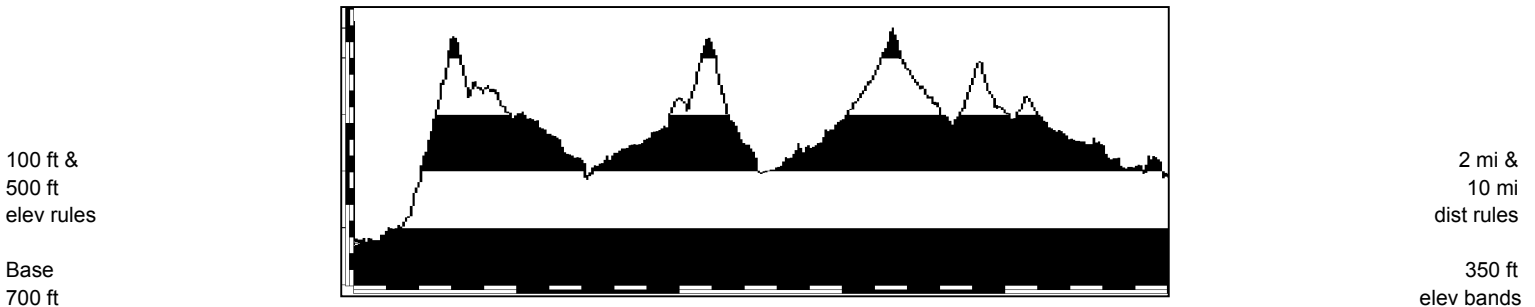


Ride Start is parking lot on Union Church Rd., Columbia Furnace, VA

- 1) Merge onto I-66 W via EXIT 49 toward VIENNA / FRONT ROYAL for 64.5 miles
- 2) Merge onto I-81 S via EXIT 1A on the LEFT toward ROANOKE for 17.4 miles
- 3) Take the VA-42 exit- EXIT 283- toward WOODSTOCK for 0.2 miles
- 4) Turn RIGHT onto VA-42 / W RESERVOIR RD. Continue to follow VA-42 for 5.2 miles
- 5) Turn RIGHT onto UNION CHURCH RD for <0.1 miles
- 6) Park in parking lot on left, across from the church

To get to cue start,
Go west on UNION CHURCH RD < 0.1 mi.
L on 623 (Back Rd) for ~ 0.2 mi to Wolf Gap Rd (Before Bridge).

Bold Italics at turns or on roads indicates TRAFFIC/CAUTION
Print two cue sheets on front and back of one sheet, and fold in quarters to use on bike.



Dist	Turn	Road
0.0	Start	675 (Wolf Gap Rd) @ 623 (Back Rd)
0.0	Go W	675 (Wolf Gap Rd)
3.0	BR	675 (Wolf Gap Rd) @ 717
6.2	CREST	Enter WV
6.2	BR	-> CR 23/10 (Trout Run Rd)
14.2	BL	Thorne[y] Bottom) CR 16, 1/6
22.0	CREST	<i>Caution 2 sharp turns on descent</i>
24.8	R	259
24.9		Lost River Gen Store on R Sat/Sun
24.9	L	CR 14 (Dove Hollow) aka 1/4, 11/4
27.6	L	TRO Dove Hollow @ CR 11

Dist	Turn	Road
27.6	L	TRO Dove Hollow @ CR 11
33.3	CREST	High point on ride
34.8	L	CR 12 (Howards Lick Rd)
36.8	R	CR 12/2 (Jenkins Chapel Rd)
39.3	L	CR 18/1 (Cullers Run/John Whetzel)
40.4	R	CR 18 (Crab Run Rd)
43.8	S	-> 820 (Crab Run Rd) Enter VA
45.3	L	TRO 820 (Crab Run Rd) @ 822
46.9	L @T	820 (Bergton Rd)
47.8		Bergton Grocery on Right
49.8	R	259 (Brocks Gap Rd)

Lost River Classic - climbs 8546 ft over 87.4 mi at 98ft/mi Elevations from 952 to 2285 feet

REST STOP INFO:

@ 24.9 - Lost River General Store, 6993 SR 259, Lost City, WV 26810 - (304) 897-6169

@ 47.8 - Bergton Grocery - 16979 Bergton Rd, Bergton, VA - (540) 852-3233

@ 57.1 - Valley Land Convenience - 12121 Brocks Gap Rd, Fulks Run, VA 22830 - (540) 896-8828
and one other store and a service station.

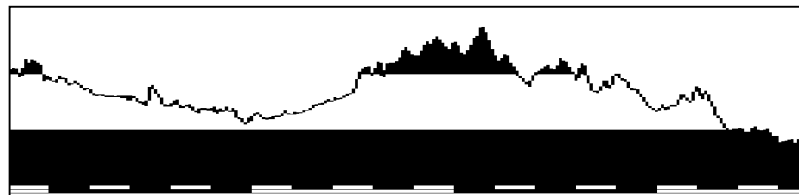
CLIMB INFO:

The first climb is a 7% grade for about 3.2 miles. The last part is about 9%. Other climbs on the ride are easier.

RIDE SHORTENERS:

- 1) Go to the first rest stop, then turn around and go back to the start. This ride is 49.8 miles long with 5723 feet of climb.
- 2) Go to the third crest, then turn around and go back to the start. This ride is 66.6 miles long with 7095 feet of climb.

100 ft &
500 ft
elev rules



Base
700 ft

2 mi &
10 mi
dist rules

350 ft
elev bands

Dist	Turn	Road
49.8	R	259 (Brocks Gap Rd)
57.1		2 stores on R; Gas Station on L
59.6	L	612 (Runions Creek Rd)
61.9	BL	-> 610 (Runions Creek Rd)
64.7	L	TRO 610 (Runions Creek Rd)
70.2	BL @ T	Orkney Springs Rd
71.9	R	263
73.4	L	717 (Alum Springs Rd)

Dist	Turn	Road
73.4	L	717 (Alum Springs/Liberty Furnace Rd)
78.5	BR	TRO 717 @ 702
79.8	L	TRO 717 @ 703
79.8		small gravel on asphalt thru 84.5 mi.
80.1	R	TRO 717 @ 701
84.2	BR	TRO 717
84.5	BR	675 (Wolf Gap Rd)
87.4	Finish	675 (Wolf Gap Rd) @ 623 (Back Rd)